

# FORZA

— CHIROPRACTIC —

## New Patient Intake

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email address: \_\_\_\_\_

Phone # (C) \_\_\_\_\_ (W) \_\_\_\_\_ Cell Phone Provider \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Sex:  Male  Female SS#: \_\_\_\_\_

Marital Status:  Single  Married  Divorced  Widowed  Separated  Minor

Occupation: \_\_\_\_\_ Employer: \_\_\_\_\_

Employer Address: \_\_\_\_\_ Phone: \_\_\_\_\_

Emergency contact: \_\_\_\_\_ Relation: \_\_\_\_\_

Phone #: (H) \_\_\_\_\_ (W) \_\_\_\_\_ (C) \_\_\_\_\_

May we collaborate and share your progress with your PCP? Yes  No

Primary Care Physician Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

How did you hear about our practice? \_\_\_\_\_

**What is your chief complaint today?** \_\_\_\_\_

Please list any additional health complaints \_\_\_\_\_

Please list any surgeries (with dates) and/or medical conditions (past & present) \_\_\_\_\_

Family History: Please specify members of your family including extended family who have these illnesses.

Cancer: \_\_\_\_\_ Hypothyroidism: \_\_\_\_\_

Heart Disease: \_\_\_\_\_ High Blood Pressure: \_\_\_\_\_

Hypoglycemia: \_\_\_\_\_ Obesity: \_\_\_\_\_

Current Medications/Supplements		
Medication/Dose/How often	Reason for taking	Prescribing M.D.

Please list any allergies \_\_\_\_\_

Our consultation and examination may indicate that x-rays are necessary to accurately diagnose and analyze your condition. Should x-rays be necessary we would like to confirm that you are not pregnant at this time. Are You Pregnant? Yes  No

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

# Review of Systems

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Please mark if you have experienced any of these symptoms within the **last month**:

<b>Neurological</b>	<input type="checkbox"/> Migraines	<b>Skin</b>	<input type="checkbox"/> Eczema
	<input type="checkbox"/> Headaches		<input type="checkbox"/> Dermatitis
	<input type="checkbox"/> Slurring of speech		<input type="checkbox"/> Excessive sweating
	<input type="checkbox"/> Ringing in ear		<input type="checkbox"/> Rashes
	<input type="checkbox"/> Dizziness		<input type="checkbox"/> Brittle nails
	<input type="checkbox"/> Pins/Needles Arms		<input type="checkbox"/> Hair loss
	<input type="checkbox"/> Pins/Needles Legs		<input type="checkbox"/> Increased bleeding
	<input type="checkbox"/> Cold Feet		<input type="checkbox"/> Easy bruising
	<input type="checkbox"/> Fainting		<input type="checkbox"/> Numbness/tingling
	<input type="checkbox"/> Fever		<input type="checkbox"/> Cold sweats
<b>Ear/Nose/Throat</b>	<input type="checkbox"/> Altered taste/smell	<b>Genitourinary</b>	<input type="checkbox"/> Uterine fibroids
	<input type="checkbox"/> Night Blindness		<input type="checkbox"/> Ovarian cysts
	<input type="checkbox"/> Sore Throat		<input type="checkbox"/> Cancer (breast, ovarian, prostate, uterine)
	<input type="checkbox"/> Gingivitis		<input type="checkbox"/> Prostate problems
	<input type="checkbox"/> Nose bleeds	<b>Emotional/Mental</b>	<input type="checkbox"/> Depression
	<input type="checkbox"/> Blurred Vision		<input type="checkbox"/> Anxiety
	<input type="checkbox"/> Light bothers eyes		<input type="checkbox"/> Mood swings
<b>Cardiovascular</b>	<input type="checkbox"/> Chest pain		<input type="checkbox"/> Irritability
	<input type="checkbox"/> Palpitations- racing heartbeat		<input type="checkbox"/> Memory loss
	<input type="checkbox"/> Swelling in hands/feet		<input type="checkbox"/> Confusion
	<input type="checkbox"/> Anemia		<input type="checkbox"/> Nervousness
<b>Respiratory</b>	<input type="checkbox"/> Recurrent respiratory infections	<b>Energy</b>	<input type="checkbox"/> Fatigue
	<input type="checkbox"/> Asthma		<input type="checkbox"/> Hyperactivity
	<input type="checkbox"/> Chest congestion		<input type="checkbox"/> Restlessness
	<input type="checkbox"/> Wheezing		<input type="checkbox"/> Insomnia
	<input type="checkbox"/> Frequent sneezing		<input type="checkbox"/> Decreased libido
	<input type="checkbox"/> Shortness of breath		<input type="checkbox"/> Stress
			<input type="checkbox"/> Tension
<b>Gastrointestinal</b>	<input type="checkbox"/> Stomach pains or cramping	<b>Weight</b>	<input type="checkbox"/> Decreased appetite
	<input type="checkbox"/> Constipation		<input type="checkbox"/> Weight gain
	<input type="checkbox"/> Reflux or heartburn		<input type="checkbox"/> Inability to lose weight
	<input type="checkbox"/> Bloating		<input type="checkbox"/> Food cravings
	<input type="checkbox"/> Gas		<input type="checkbox"/> Binge eating
	<input type="checkbox"/> Nausea or vomiting		<input type="checkbox"/> Water retention
	<input type="checkbox"/> Bowel/ bladder changes		<input type="checkbox"/> Sudden weight loss
<b>Musculoskeletal</b>	<input type="checkbox"/> Joint pain	<b>Allergies</b>	<input type="checkbox"/> Hives
	<input type="checkbox"/> Arthritis		<input type="checkbox"/> Runny nose
	<input type="checkbox"/> Chronic pain		<input type="checkbox"/> Itchy/Watery eyes
	<input type="checkbox"/> Muscle aches		<input type="checkbox"/> Congestion
	<input type="checkbox"/> Neck pain		
	<input type="checkbox"/> Back pain		
	<input type="checkbox"/> Arm pain		
	<input type="checkbox"/> Knee/leg pain		<input type="checkbox"/> <b>None of the above</b>
	<input type="checkbox"/> Night pain		
	<input type="checkbox"/> Jaw problems		

## Functional Rating Index

In order to assess your condition, we must understand how much your neck and/or back problems have affected your ability to manage everyday activities.

For each item below, please circle the one which most closely describes your condition **right now**.

### Pain Intensity

<i>No pain</i>	<i>Mild pain</i>	<i>Moderate pain</i>	<i>Severe pain</i>	<i>Worst possible pain</i>
----------------	------------------	----------------------	--------------------	----------------------------

### Sleeping

<i>Perfect sleep</i>	<i>Mildly disturbed sleep</i>	<i>Moderately disturbed sleep</i>	<i>Greatly disturbed sleep</i>	<i>Totally disturbed sleep</i>
----------------------	-------------------------------	-----------------------------------	--------------------------------	--------------------------------

### Personal Care (washing, dressing, etc.)

<i>No pain with no restrictions</i>	<i>Mild pain with no restrictions</i>	<i>Moderate pain; need to go slowly</i>	<i>Moderate pain; need some assistance</i>	<i>Severe pain; need 100% assistance</i>
-------------------------------------	---------------------------------------	---	--	--

### Travel (Driving, etc.)

<i>No pain on long trips</i>	<i>Mild pain on long trips</i>	<i>Moderate pain on long trips</i>	<i>Moderate pain on short trips</i>	<i>Severe pain on short trips</i>
------------------------------	--------------------------------	------------------------------------	-------------------------------------	-----------------------------------

### Work

<i>Can do usual work plus unlimited extra work</i>	<i>Can do usual work with no extra work</i>	<i>Can do 50% of usual work</i>	<i>Can do 25% of usual work</i>	<i>Cannot work</i>
--	---	---------------------------------	---------------------------------	--------------------

### Recreation

<i>No pain</i>	<i>Mild pain</i>	<i>Moderate pain</i>	<i>Severe pain</i>	<i>Worst possible pain</i>
----------------	------------------	----------------------	--------------------	----------------------------

### Frequency of pain

<i>No pain</i>	<i>Occasional pain; 25% of the day</i>	<i>Intermittent pain; 50% of the day</i>	<i>Frequent pain; 75% of the day</i>	<i>Constant pain; 100% of the day</i>
----------------	--	--	--------------------------------------	---------------------------------------

### Lifting

<i>No pain with heavy weight</i>	<i>Increased pain with heavy weight</i>	<i>Increased pain with moderate weight</i>	<i>Increased pain with light weight</i>	<i>Increased pain with any weight</i>
----------------------------------	---	--	---	---------------------------------------

### Walking

<i>No pain with any distance</i>	<i>Increased pain after 1 mile</i>	<i>Increased pain after 1/2 mile</i>	<i>Increased pain after 1/4 mile</i>	<i>Increased pain with all walking</i>
----------------------------------	------------------------------------	--------------------------------------	--------------------------------------	--

### Standing

<i>No pain after several hours</i>	<i>Increased pain after several hours</i>	<i>Increased pain after 1 hour</i>	<i>Increased pain after 1/2 hour</i>	<i>Increased pain with any standing</i>
------------------------------------	---	------------------------------------	--------------------------------------	---

## HIPAA Acknowledgement and Consent

I, the undersigned, acknowledge that I have had access to a copy of the **NOTICE OF PRIVACY PRACTICES**. I consent to your disclosure, which you deem necessary in connection with my or my child's condition. This information will only be distributed to your third-party payer for purposes of reimbursement for services provided, and only upon direct request of your third-party payer.

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_

### Authorization and Assignment

Please initial next to each line that *applies to you*

\_\_\_ **AUTHORIZATION TO RELEASE INFORMATION (if applicable):** You are authorized to release any information you deem appropriate concerning my physical condition to my insurance company, attorney or adjuster, in order to process any claim for reimbursement of charges incurred by me as a result of professional services rendered by you of any consequence thereof.

\_\_\_ **ASSIGNMENT OF PAYMENT (if applicable):** My attorney and/or insurance company are hereby requested to pay direct to the doctor listed below, any money due to him/her on account, the same to be deducted from any settlement made on my behalf. Further, I agree to pay the difference if any, between the total amounts of his/her charges and the amount paid him/her by the attorney and/or insurance company. It is further understood that I, the undersigned, agree to pay the full amount of his/her charges, should my condition be such that is not covered by my policy or if for any other reason the insurance company and/or attorney refuses to pay my claim. Accepting assignment does not release the patient from the responsibility for their yearly deductible or for their co-payment on services provided by the clinic. If you receive payment from your insurance carrier during the period which the clinic has accepted assignment of benefits, you are to bring the check into this office within one week of receipt and endorse it over to the clinic. Failure to do so will result in collection action.

\_\_\_ **MEDICARE ASSIGNMENT (if applicable):** I authorize any holder of medical or other information about me to release to the Social Security Administration and Health Care Financing Administration to its intermediaries or carriers any information needed for this or a related Medicare claim. I permit a copy of this authorization to be used in place of the original and request payment of medical insurance benefits either to myself or to the party who accepts assignment below.

\_\_\_ **ACKNOWLEDGEMENT AND UNDERSTANDING:** I hereby acknowledge;

- A. That there is no insurance company obligated to pay for the services, or if the insurance company involved, or if the insurance company involved refuses to acknowledge an assignment to the doctor, or make other provisions for the protection of the interest of the doctor; or
- B. If a liability claim exists and my attorney refuses to agree to protect the interest of the doctor, or if I have not engaged the services of an attorney; then payment of services rendered by Total Health Systems P.C., will be made on a current basis and my bill paid in full as soon as my liability claim is settled or the passage of three months from my last statement, whichever comes first.

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_

### Consent to Treat

#### **THIS CONSTITUTES INFORMED CONSENT FOR MEDICAL, PHYSICAL THERAPY, AND/OR CHIROPRACTIC CARE.**

I hereby request and consent to the performance of specific testing and procedures on me (or the patient named below for which I am legally responsible) as deemed necessary by the providing physicians at Hawkeye Chiropractic LLC. I understand and am informed that, while extremely rare, there are some risks to treatment, including, but not limited to: fractures, disc injuries, strokes, dislocations, sprains and strains. I wish to rely on the doctor and treating provider to exercise judgment during the course of the procedure, based on the facts then known is in my best interest. I have read, or have had read to me, the above consent. I have the opportunity to discuss the nature and purpose of the chiropractic adjustments and other procedures with the doctor and/or office personnel. I agree to these procedures and intend this consent form to cover the entire course of treatment and for any future condition(s) for which I seek treatment.

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent/Legal guardian name (please print) \_\_\_\_\_

Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

# Informed Consent to Care

You are the decision maker for your health care. Part of our role is to provide you with information to assist you in making informed choices. This process is often referred to as "informed consent" and involves your understanding and agreement regarding the care we recommend, the benefits and risks associated with the care, alternatives, and the potential effect on your health if you choose not to receive the care.

We may conduct some diagnostic or examination procedures if indicated. Any examinations or tests conducted will be carefully performed but may be uncomfortable.

Chiropractic care centrally involves what is known as a chiropractic adjustment. There may be additional supportive procedures or recommendations as well. When providing an adjustment, we use our hands or an instrument to reposition anatomical structures, such as vertebrae. Potential benefits of an adjustment include restoring normal joint motion, reducing swelling and inflammation in a joint, reducing pain in the joint, and improving neurological functioning and overall well-being.

It is important that you understand, as with all health care approaches, results are not guaranteed, and there is no promise to cure. As with all types of health care interventions, there are some risks to care, including, but not limited to: muscle spasms, aggravating and/or temporary increase in symptoms, lack of improvement of symptoms, burns and/or scarring from electrical stimulation and from hot or cold therapies, including but not limited to hot packs and ice, fractures (broken bones), disc injuries, strokes, dislocations, strains, and sprains. With respect to strokes, there is a rare but serious condition known as an "arterial dissection" that typically is caused by a tear in the inner layer of the artery that may cause the development of a thrombus (clot) with the potential to lead to a stroke. The best available scientific evidence supports the understanding that chiropractic adjustment does not cause a dissection in a normal, healthy artery. Disease processes, genetic disorders, medications, and vessel abnormalities may cause an artery to be more susceptible to dissection. Strokes caused by arterial dissections have been associated with over 72 everyday activities such as sneezing, driving, and playing tennis.

Arterial dissections occur in 3-4 of every 100,000 people whether they are receiving health care or not. Patients who experience this condition often, but not always, present to their medical doctor or chiropractor with neck pain and headache. Unfortunately, a percentage of these patients will experience a stroke.

The reported association between chiropractic visits and stroke is exceedingly rare and is estimated to be related in one in one million to one in two million cervical adjustments. For comparison, the incidence of hospital admission attributed to aspirin use from major GI events of the entire (upper and lower) GI tract was 1219 events/ per one million persons/year and risk of death has been estimated as 104 per one million users.

It is also important that you understand there are treatment options available for your condition other than chiropractic procedures. Likely, you have tried many of these approaches already. These options may include, but are not limited to: self-administered care, over-the-counter pain relievers, physical measures and rest, medical care with prescription drugs, physical therapy, bracing, injections, and surgery. Lastly, you have the right to a second opinion and to secure other opinions about your circumstances and health care as you see fit.

I have read, or have had read to me, the above consent. I appreciate that it is not possible to consider every possible complication to care. I have also had an opportunity to ask questions about its content, and by signing below, I agree with the current or future recommendation to receive chiropractic care as is deemed appropriate for my circumstance. I intend this consent to cover the entire course of care from all providers in this office for my present condition and for any future condition(s) for which I seek chiropractic care from this office.

Patient Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent or Guardian: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Witness Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Medical Information Release Form  
(HIPAA Release Form)**

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

**Release of Information**

I authorize the release of information including the diagnosis, records; examination rendered to me and claims information. This information may be released to:

Spouse \_\_\_\_\_

Child(ren) \_\_\_\_\_

Other \_\_\_\_\_

Information is not to be released to anyone.

This **Release of Information** will remain in effect until terminated by me in writing.

**Messages**

Please call  my home  my work  my cell Number: \_\_\_\_\_

If unable to reach me:

you may leave a detailed message

please leave a message asking me to return your call

\_\_\_\_\_

The best time to reach me is (*day*) \_\_\_\_\_ between (*time*) \_\_\_\_\_

Signed: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Witness: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_